

June 2023

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE: Lunch is served at 12:00pm, please arrive and sign in by 11:30am. Sub requests require sign in by 11:00am. We look forward to serving you. Please inform a staff member if you have a food allergy.



SOUTHOLD TOWN SENIOR SERVICES

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Jacqueline Martinez, Senior Citizens Program Director

Shatina Jayne, Senior Citizens Center Manager

Sun	Mon	Tue	Wed	Thu	Fri	Sat
SUB FOR WEEK <i>for In-House Dining</i> L.S. Ham and L.S. Swiss Cheese on a Roll	*** PLEASE NOTE: ACTIVITIES ARE LISTED ON THE BACK OF THE MENU		Juneteenth is 6/19 	1 Chicken Milano over Egg Noodles Italian Green Beans Broccoli Cauliflower Mix Fresh Fruit	2 Shrimp Scampi over Rice Normandy Blend Veggies Spinach Apricots	3 June 6 is D-Day Invasion 79th anniversary
4 SUB FOR WEEK <i>for In-House Dining</i> Chicken Fingers with BBQ Sauce	5 L. S. Ham Steak with Peach Ginger Sauce Fiesta Corn Broccoli Orange Juice Mixed Fruit Cup	6 D-Day anniversary Beef Chili with Beans over Rice Green Beans Carrots Apple	7 Flag Day Roast Beef with Gravy & Garlic Mashed Potatoes Broccoli Carrots L.S. V-8 Juice Blueberry Cobbler	8 Chicken Cordon Bleu Cauliflower Asparagus Dinner Roll Apple Juice Pineapple Chunks	9 Sweet Chili Salmon with Wild Rice Asparagus Pineapple Juice Dinner Roll Diced Peaches	10 June 14 Flag Day
11 SUB FOR WEEK <i>for In-House Dining</i> Egg Salad on Whole Wheat Bread	12 Oven Fried Chicken with Roasted Potatoes Diced Beets Orange Juice Orange	13 Baked Cheese Tortellini w/ Meat Sauce Roma Beans Zucchini Italian Bread Melon	14 Herb Roasted Chicken with Wild Rice Yellow Squash Brussels Sprouts Fruit Juice Peanut Butter Cookie	15 Quiche Lorraine Cauliflower Mash Peas and Carrots Orange Juice Mandarin Oranges	16 Shrimp Salad over Romaine Lettuce Cucumber Salad Black Bean & Corn Salad Fruit Juice Strawberries & Cream	17 Father's Day tomorrow
18 Father's Day SUB FOR WEEK <i>for In-House Dining</i> Stuffed Shells	19 HOLIDAY JUNETEENTH TOWN OFFICES CLOSED	20 Lemon Dill Chicken Breast over Rice Carrot Coins Spinach Tropical Fruit Cup	21 First Day of Summer Beef Stroganoff over Noodles Mixed Vegetables Cauliflower Banana	22 Pork Loin over Roasted Potatoes Red Cabbage Brussels Sprouts Applesauce	23 L.S. Cheeseburger on a Bun Cucumber Tomato Salad Pickled Beets Orange Juice Ice Cream	24
25 SUB FOR WEEK <i>for In-House Dining</i> Roast Beef on a Roll	26 Beef & Broccoli Stir Fry with Brown Rice Oriental Blend Veggies Pineapple Orange Juice Diced Pears	27 Honey Mustard Chicken Mashed Yams Collard Greens Apple Juice Fresh Fruit	28 Lasagna Roma Beans Romaine Salad with Oil and Vinegar Dressing Italian Bread Orange Juice BIRTHDAY CAKE	29 Gyro with Tzatziki Sauce, Salad and Pita Bread Spinach Green Beans Apple	30 Krabby Cake on a Bun Cauliflower Mash Zucchini Fruit Juice Fruited Yogurt	